

Introduction

The following eBook was compiled based on information provided from the January virtual presentation, "10 Inspirational & Practical Life Strategies from a Big Dreamer" featuring Dawn Landry.

We hope you find this resource useful in the future.

How to Use this eBook

Each of the tabs are links taking you to that particular section of the eBook. Additionally, some of the sections have multiple pages.

The sections with multiple pages will have the following image in the bottom right hand corner to allow you to "turn the page."



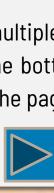


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RECORDING



IFMA HOUSTON PRESENTS



Dawn F. Landry Author & Founder Authentizity, LLC

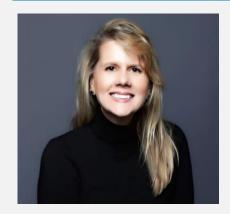
"10 INSPIRATIONAL & PRACTICAL LIFE STRATEGIES FROM A BIG DREAMER"

Original Meeting Date: January 13, 2021

Click Here to Watch the Replay

Above you will find the recording from the Speaker Presentation on Thursday, January 13, 2021.

SPEAKER - Page 1



DAWN F. LANDRYAUTHENTIZITY

Dawn F. Landry is a bestselling author and an award-winning and respected business professional. She has spent over half of her 28-year career in Houston's corporate real estate industry, excelling in business development and marketing leadership positions within the region's largest economic development organization, as well as international commercial construction companies. In February 2017, Dawn founded Authentizity, LLC, as an independent B2B growth strategist and a Gallup-Certified CliftonStrengths® Coach to provide consulting, training, and coaching services that optimize technical teams' engagement and productivity.

SPEAKER - Page 2

She released her first book, **ARMORED**, in the Fall of 2020 to great success. All three versions have achieved Best Seller rankings with the paperback hitting the #42 ranking. **ARMORED** has received press via traditional print, as well as podcast and social media channels internationally.

Please visit her websites for more information: <u>www.authentizity.com</u> and <u>www.dawnflandry.com</u>.



KEY TAKEAWAYS -Page 1

ARMORED, A Memoir with Inspirational and **Practical Life Strategies**

BOOK TRAILER for ARMORED: A Memoir with <u>Inspirational and Practical Life Strategies</u> – Newly

Released on January 11, 2021:

PURCHASE OPTIONS:

On Amazon at

http://www.amazon.com/author/dawnflandry.

Or, directly from Dawn F. Landry at

www.dawnflandry.com.

NOTE: If purchasing direct, use promo code: IFMA2021 (for autographed copy and free shipping.)



TOP 10 STRATEGY SUMMARY:

- 1. Advance Self-Awareness.
- 2. Pick a Great Partner; Know Your Partner.
- 3. Ready Your Life.
- 4. Deploy Coping Mechanisms.
- 5. Don't Worry Until It's Time to Worry.
- 6. No People Pleasing Allowed.
- 7. Laugh Often.
- 8. Celebrate All Achievements.
- 9. Live with Grace; Reclaim Your Mojo.
- 10. Define the Next Chapter.





SPOTLIGHT SPONSOR

McCOROCKFORD 9

COMMERCIAL INTERIORS

SPECIAL THANK YOU TO

MCCOY ROCKFORD COMMERCIAL

INTERIORS, WHO WAS OUR

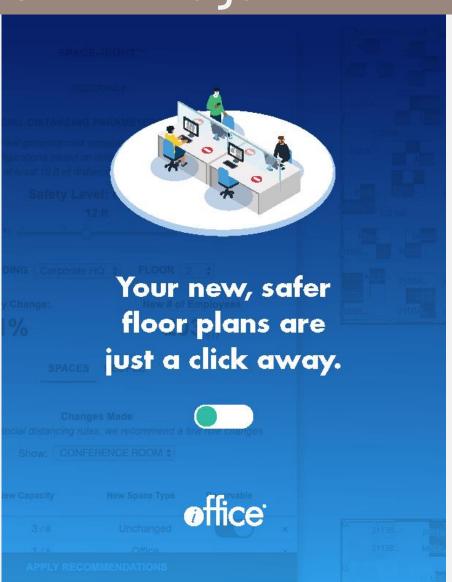
SPOTLIGHT SPONSOR FOR THE

MONTH OF JANUARY.

SPOTLIGHT SPONSOR



POWER - Page 1



POWER - Page 2

Introducing

A dynamic space planning solution that helps you adjust to new expectations and ways of working.

With iOFFICE's space planning software and Space-Right™ feature, you can set physical distancing parameters with a simple slider, instantly reconfigure floor plans and rearrange seating assignments to help employees return to work with confidence.

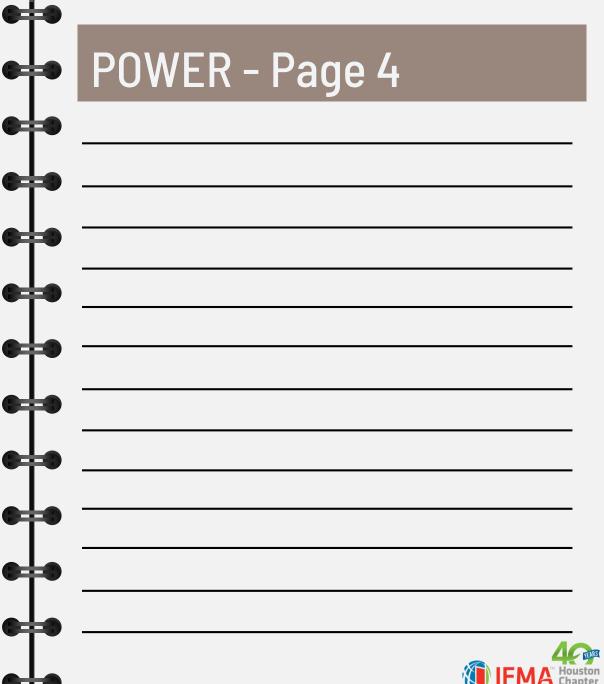
START PLANNING



POWER - Page 3

Thank you to our 2020-2021 Power Sponsor!







ILLUMINATION - Page 1



Long-Lasting Surface Coating That Protects Against COVID-19 for Up to 90 Days!

While other disinfectant sprays might provide a momentary clean, SurfaceWise2™ is proven to kill coronaviruses on surfaces even after new germs are deposited.



- Continuous Coverage
- Durable & Long-Lasting
- Practical & Efficient

SUTFACEWISE.

EPA-Approved

For more information, visit: www.GoAPEX.com/surfacewise2/



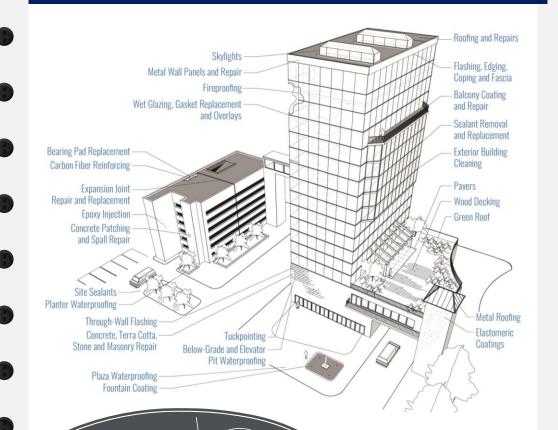






ILLUMINATION - Page 2

TOTAL BUILDING ENVELOPE CONTRACTOR







ILLUMINATION - Page 3

RECONSTRUCTION WITH PURPOSE

our social distancing assessment //

Know your options when it comes to repurposing and restructuring the way your workspace flows and functions. With our Social Distancing Assessment, we take the hard work out of rethinking your workspace, so that it serves your team



EXPLORE

Meet with an experienced Salesperson and Design Consultant to discuss various project aspects and estimate workload. We can talk through:

- Project goals and challenges
- Your vision
- Preliminary budget

*FF&E assessment included with this service.



ANALYSIS

We will set our focus on the specific demands of your workspace. We can help you best determine:

- Your needs to disperse for the health and safety of others
- Ideal seating conditions for workstations and collaboration areas
- Safety signage needs throughout your facility





TAILOR

A review of existing drawings will be necessary to assess your facility's current state and assist with strategy. To better establish a plan for your facility, we will use tools such as:

- Existing CET drawings
- CAD 2D or 3D designs
- Applied symbols to accurately identify potential needs

EXPERIENCE

You will receive items you can use to make your workplace a safe space. You will receive:

- An outlined document of potential needs
- Legend identifying symbols and products needed
- A map identifying capacity and general safety reminders
- A template of signage with editing capabilities
- Training on how to use and read the plan set in place for your facility

SCHEDULE AN ASSESSMENT

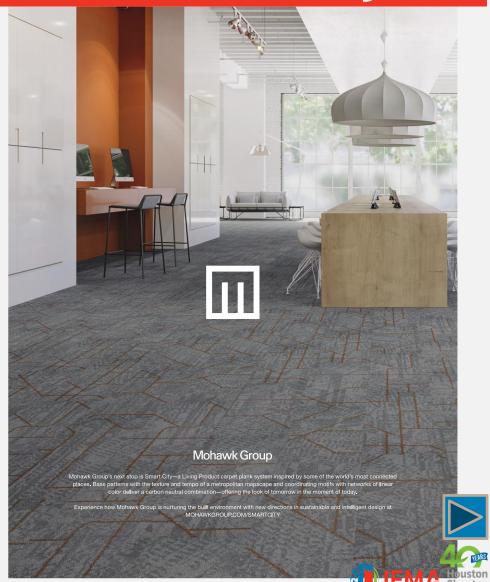
for your business and ensure the safety of your employees and clients now and in the future.

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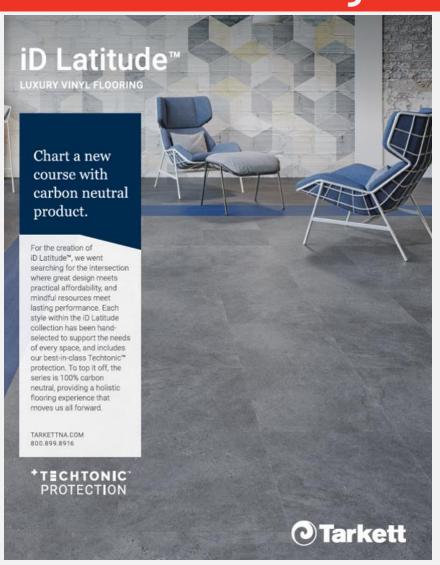
COMMERCIAL INTERIORS







ILLUMINATION - Page 5





Thank you to our 2020-2021 Illumination Sponsors!















CORNERSTONE - Page 1



CS maintenance solutions



Specification &

Samples







Installation & Maintenance

Where Flooring is Our Passion





CORNERSTONE - Page 2





Environment Ltd. Is a fabricator and installer of premium architectural millwork. We buy common and exotic veneers from quality suppliers that carry long runs to make sure we have enough matching product for any size project. Houston Millwork is another side of the company that specializes in commercial plastic laminate casework for medical, office and industrial markets.

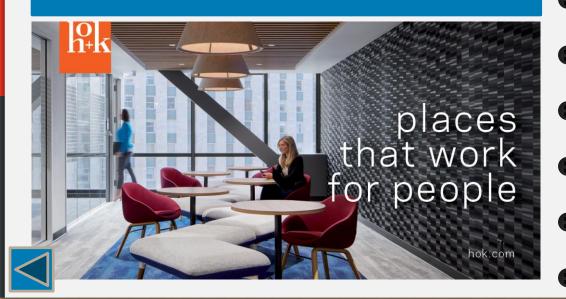






CORNERSTONE - Page 3



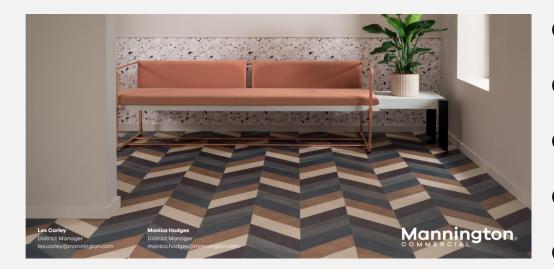


CORNERSTONE - Page 4





CORNERSTONE - Page 5





At ServiceMaster Recovery Management we've been in the business of getting you back in business for more than 60 years. From water and fire recovery to sanitization and disinfection, we respond





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BOARD OF DIRECTORS -Page 1

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Immediate Past President

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BOARD OF DIRECTORS -Page 2

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UPCOMING EVENTS



"SPACE CENTER HOUSTON'S PLANS FOR THE FUTURE"



February 9, 2021 | 11:30 AM to 1:00 PM

REGISTRATION IS OPEN!

Click Here to Register Now!

HUG-A-BEAR

4Com IFMA Heuston

IFMA Houston's Annual Hug-A-Bear



Start Collecting New 12" to 14" bears & Stuffed Animals!

All Bears will either need to be delivered to the IFMA Houston office or be picked up by the end of March!

Contact Kathy Edwards for more information or to schedule a pick-up. kedwards@goapex.com



THANK YOU!



We hope to "see" you soon, but until then, we will continue meeting virtually!

See You at the January Event;

be looking for more details soon!

Use the link below to REGISTER NOW!

Click Here to Register Now!



